

SCARISTA HOUSE
ISLE OF HARRIS

Breakfast

Please help yourself to:

Fruit Compôte

*organic apricots, peaches and prunes
poached in red wine,
with cinnamon, lemon and orange*

Muesli

*organic oats, sunflower and pumpkin seeds,
raisins, cranberries, goji berries
and almonds roasted in maple syrup*

Fresh Fruit Salad

usually melon, mango & berries

Homemade Yoghurt

Cereals

Comb Honey

Please let us know if you would prefer soya milk
or dairy free spread instead of butter.

If you would like gluten free bread, please give us 24 hours notice so
that we can make it.

Allergy advice: some of our breakfast ingredients contain gluten, nuts, milk, eggs & sulphites

Please ask us for any of the following:

Organic oatmeal porridge,
with a wee jug of double cream

Ayrshire bacon, Stornoway black pudding,
Stornoway white pudding, sausage,
tomato, mushrooms
egg (our own, or local, when the hens are laying)
fried, poached, scrambled, or boiled

Stornoway kipper

Salar smoked salmon, with scrambled eggs

Scrambled or poached eggs on toast

We will bring you:

Freshly squeezed orange juice

Toast and your choice of

Coffee – Colombian Arabica, decaffeinated Arabica

Loose leaf tea – Scottish Breakfast, Assam, Darjeeling,
Earl Grey, Lapsang Souchong

Fruit and herbal infusions